# Southeast Alaska Independent Living, Inc. 2017 Annual Report

Values in Action



# **Guiding Values**



Welcome Friends,

At SAIL, our core values lay the foundation for everything we do. As such, we are committed to ensuring that each of our communities are **accessible** and **inclusive**. A highlight of the past year was the expansion of our accessible taxi program to Ketchikan. Further, as an Aging and Disability Resource Center, our loan closet, peer support groups, advocacy classes, independent living trainings and our adaptive recreation program (ORCA) all help our neighbors participate in life and activities in their communities.

SAIL works **collaboratively** in each one of our Southeast communities and we are committed to **advocating** for everyone we serve. Examples include our expanded efforts to partner with Alaska Native communities throughout Southeast Alaska. This new program, IL STAND, will increase our capacity to deliver culturally relevant independent living services and supports in rural villages in Southeast. Our partnership with Eaglecrest Ski Area also deepened with upgraded space for adaptive ski and snowboard lessons.

SAIL is able to provide opportunities and services to our neighbors and friends through careful stewardship of our resources. We are committed to operating with **integrity**, maintaining our focus on the individuals and families we serve and the communities in which we live.

SAIL is dedicated to helping seniors and people experiencing disabilities achieve greater independence, dignity and improved quality of life. We are proud to share our achievements with you, and affirm our commitment to the people and communities of Southeast Alaska.

Thank you for joining us on this voyage.

Kate Burkhart, Board President

# On The Cover

In partnership with the Zach Gordon Youth Center, the Department of Labor and Workforce Development, Division of Vocational Rehabilitation, and the Disability Employment Initiative, ten Juneau teens experiencing disabilities spent the summer working in Juneau parks while developing job skills for life after high school. Here's what some of them they had to say about their transformative

summer experience:

"I like the relationships we are making. We take care of each other. We get the work done." - Harold

"My favorite part of the job is being able to spend time with co-workers, improving my communication skills and helping." - Noah

"I learned how to work with others on a team to get the job done, understand differences and use each other's strengths." - Jack

"It's hard work and I'm proud of myself!" - Nick



"Three strengths of mine are having a good sense of humor, honesty and inclusiveness." - Christopher

> "I'm proud of myself for getting my first job." - Fzeriah

"I'm positive, have a good sense of humor and when I'm committed, I'm committed!" - Tyler

"I liked getting to know people in the community and improving my teamwork skills. Teamwork goes a long way and that hard work pays off." - Kevin

# Values in Action

# **Empowerment**



"I'd like to thank SAIL for helping me get my glasses. I have eye problems so this helps quite a bit. And the help with my [pocket talker] because I can't hear on both sides. Now I can hear

when I use it in public (I don't have to ask my daughter) and it's easier for me to drive. I just appreciate your help, I wish I could have got it a long time ago."

- Grace, Sitka

"It's awesome. I'm comfortable and learning how to relax and enjoy myself. I'm so glad not to be couch surfing anymore. The help The Glory Hole and SAIL gave me was awesome. Before I was worried and stressed out all the time...I just quit

smoking a week ago and my boys come to visit me all the time. My goal is to save money to go visit my grandchildren in Seattle sometime soon."

- Mark, Juneau



# Accessibility

# Values in Action



Born with multiple disabilities and labeled 'failure to thrive' at birth, Versailles (Sai) is a fearless, funloving seven year old who loves to ski. Sai brings a 'can do' attitude as she tries new activities with curiosity and confidence. What started out with Sai being carried by her mom to a sit-ski for lessons, morphed into Sai stand-up skiing the next season with limited assistance. Her optimism, determination and positive spirit have resulted in continued gains in strength and courage, resulting in fewer assistive skiing devices while developing new skills for independence every day. "We are so proud of the milestones that Versailles has achieved and continues to achieve. The experienced, trained and well organized staff of ORCA is a crucial element in

Versailles' ability to obtain these life skills...They are attentive to her needs and make the experience fun and exciting!"

- Versailles' mom, Sabrina

"ORCA is like my new family in town!"

- Charlie, Sitka



# Values in Action

# Integrity

Dakota's needs are many and complex. Her non-verbal communication can be a frustration for both her and her mom, Tina, and the resulting behavior has been

> described as "tornado-like". Unable to find daycare or natural supports, Tina and Dakota were in desperate need of answers.

> So, Tina and Dakota reached out to SAIL. Staff quickly got to work assisting Tina with the eligibility and application process for Medicaid supports and, in near record time, Dakota was pulled

for a waiver. A meeting, and subsequent hand-off, was made with Community Connections where services were structured to support Dakota in her growth and development. SAIL staff wrote a grant for an iPad

equipped with communication software and apps. Now, with well-deserved supports, Tina is overcome with gratitude and is now able to focus on her own, personal employment and housing goals. Meanwhile, in the short amount of time staff have known Dakota, her "tornado-like" energy has transformed into gentle hugs and soft good byes, melting both SAIL staff and Tina's hearts.

"It was so awesome. It opened my eyes that there are programs that help! [SAIL staff] went above and beyond what was expected. I am at a loss for words. She's not the same little girl."

-Tina, Ketchikan

Dakota with her

mom, Tina.

# Collaboration

# Values in Action

Barbara runs her own errands. She goes to church and attends community events on her own. But this wasn't always so. With an indoor-only mobility scooter, Barbara felt increasingly trapped in her home. Less and less independent, she relied heavily on family and friends for rides and errands, worried she would be stranded with a dead scooter battery.

After an outreach trip to Petersburg by SAIL staff discovered an unsafe charging station, it was decided that Barbara needed a new scooter. Staff helped Barbara fundraise to purchase and ship an outdoor scooter to Petersburg and coordinated with her landlord to install a safer, fully grounded plug-in within inches of the charging device for the scooter. All of this was made possible due to the collaboration between Barbara's housing manager, her mental health provider, church, community members and SAIL Staff. Now, Barbara has her freedom back.

"SAIL's a great and wonderful organization that helps people gain their independence. I appreciate the help that SAIL gave me to buy my scooter. It helps me get around and be active in the community, I don't have to rely on others to shuffle me around. I no longer feel trapped. I'm excited to be able to go to church, city functions, the parade, May Festival (Little Norway), the store....anywhere!"

- Barbara, Petersburg

#### Values in Inclusion Action

Thanks to the Department of Labor and Workforce Development, Division of Vocational Rehabilitation, the Disability Employment Initiative and the support of many local businesses, six Haines and Klukwan teens were employed with summer work experiences in the Chilkat Valley. Here are just a few of their successes:



Kama's athleticism proved a great match for his placement at a local garden nursery. His politeness, excellent communication skills and ability to build in constructive feedback turned into a job offer from the employer!



High school senior Nicholos worked for a fourwheeler tour company. His work ethic was best summed up as dedicated. Whether walking seven miles to get to work or army crawling to vacuum every inch of a room, Nicholos was passionate about doing the job right and is on the path to relying less and less on a job coach.



Shy at first appearance, Gilbert's strong work ethic and consistent punctuality resulted in being hired on by the grocery store where he was placed!

# 2017 SAIL Board of Directors



#### Kate Burkhart, President, Juneau

- •Alaskan since 2001, serving those experiencing disabilities, poverty and insecurity.
- •Public interest lawyer by day, volunteer public radio DJ by night.



#### Elizabeth Spence, Vice President, Juneau

- Nonprofit Leadership and Grant Management Skills
- Advocate for Individuals with Disabilities and **Disability Rights**
- •Inspiring Personal Independence is motto I live by!



#### Mary Gregg, Treasurer, Ketchikan

- •Parent of an awesome young woman who experiences a disability.
- •Opportunity House, Board President



#### Suzanne Williams, Secretary, Saxman

- Opportunity House Board Member
- •Community Connections, Former Board Member
- •Ketchikan Youth Football, Former Board Member





- Previous SAIL Board President
- Alaskan Brewing Company Advisory Board
- •Governor Appointee to the State Vocational Rehabilitation Committee



#### Ryan Salmon, Haines

- Occupational Therapist
- Adaptive Recreation Volunteer
- •Former Fire Department Volunteer
- Subsistence Harvester, Husband and Father Cheryl M. Putnam, Juneau



- •Juneau NAMI, past Board President
- •CBJ ADA Committee Member
- •SAIL Consumer Advocate of the Year ('12)
- •Juneau Low Vision Support Group Co-Host



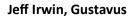
#### Norton Gregory, Juneau

- AWARF Board Member
- Juneau Senior Assisted Living Task Force
- Douglas Island Neighborhood Association
- Juneau Affordable Housing Commission Board



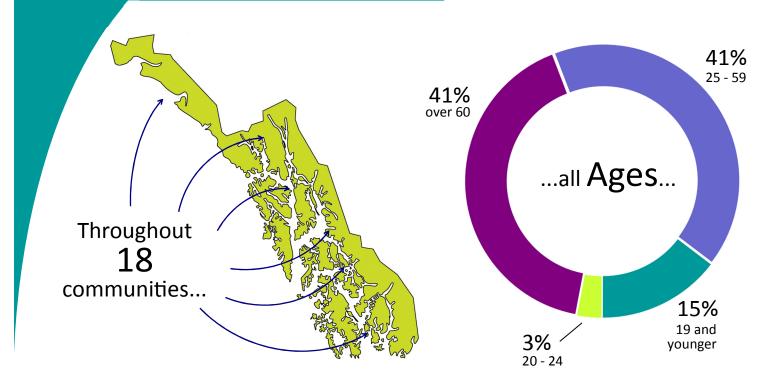
#### Jason Burke, Juneau

- Former State ADA Coordinator
- Rainforest Recovery Center, Advisory Board
- •Local Emergency Planning Committee

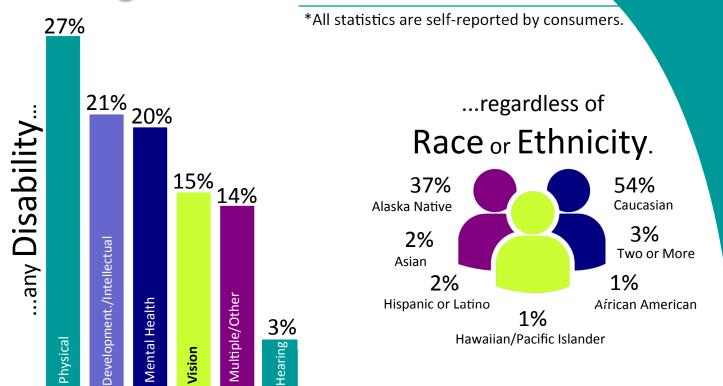


- •AWARE, Former Board Member
- Gustavus Volunteer Fire Department
- •Former SAIL Staff and Person with a Disability 2017 SAIL Annual Report | 8

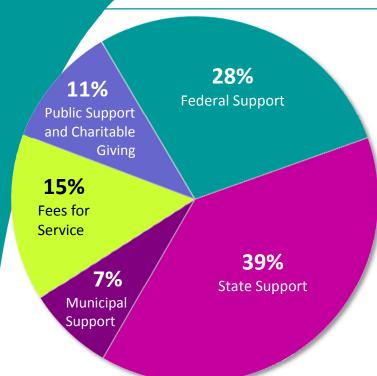
# More than 1,200 Seniors and People Ex



# periencing Disabilities Served in FY17



# Stable, sustainable funding because of YOU!



# **Fee for Service**

Recreation • Employment Support Veteran Directed (VA) ● Benefits Analysis ADA Technical Assistance ● HomeMAP **Pre-Employment Transition Services** 

Nearly 400 individual donors & financial supporters in FY17!

\*See pages 13-18 for a full list of individual donors, foundations and public support.

25+ federal, state, municipal and foundation grants received in FY17.

# SOUTHEAST ALASKA INDEPENDENT LIVING, INC.

# BALANCE SHEETS

June 30, 2017 and 2016

	2017	2016
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents:		
Operating	\$ 542,171	\$ 563,700
Project Playground	117,820	45,450
Receivables:		
Accounts receivable	96,958	75,738
Grants receivable	281,635	134,681
Employee receivables	ı	240
Prepaids and deposits	30,257	30,363
Total current assets	1,068,841	850,172
EQUIPMENT AND LEASEHOLD		
IMPROVEMENTS, net	279,230	251,191
Total assets	\$ 1,348,071	\$ 1,101,363
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable	\$ 105,376	\$ 36,190
Accrued payroll expenses	52,937	45,516
Payable to Project Playground	117,773	45,450
Deferred revenue	9,444	11,497
Accrued compensation payable	38,088	41,018
Total current liabilities	323,618	179,671
NET ASSETS		
Unrestricted net assets:		
Undesignated	738,529	662,954
Invested in equipment and leasehold	-	
improvements	279,230	251,191
Total unrestricted net assets	1,017,759	914,145
Temporarily restricted net assets	6,694	7,547
Total net assets	1,024,453	921,692
Total liabilities and net assets	\$ 1,348,071	\$ 1,101,363
***************************************	Court bobao reov	20 2017 for 2

financial condition and results of operation \*See SAIL's audited financial statements, year ended June 30, 2017, for a complete presentation of SAIL's

# Gifts that make life easier are the best ones in the world. I

Thank you to everyone who generously supported SAIL during FY17! This list does not include the many in-kind contributions that greatly aid in our mission, nor does it include the dozens who have donated to SAIL anonymously. THANK YOU!

# **Empowerment Circle** (\$2,000 and over)

Alaska Mental Health Trust Authority Chilkat Valley Community Foundation Disabled Sports USA **Douglas-Dornan Memorial** Fund

First Bank

Juneau Community Foundation Sitka Permanent Fund **Charitable Trust Skaggs Foundation** White Elephant

## **Advocate Circle**

(\$1,000 to \$1,999) Alaska USA Federal Credit Union Paul and Sioux Douglas Rosemarie Duran Michael LaGuire Greg Pilcher and Hilary Young Claire Richardson Stephen Stewart



# **Accessibility Circle**

(\$500 to \$999) Alaskan Brewing Company Annie and Walter Carpeneti Marianna Carpeneti **Nancy Davis** Fred Meyer Community Rewards Brandee Gerke and Andrzei Piotrowski **Hugh and Shari Grant** Jeff and Frances Grant Hollis Handler Ray and Emily Howard Howsers IGA Supermarket Juneau Central Labor Council Kimberly Kiefer Chere Klein James and Flizabeth Knackstedt **Rose Manning** Joan & Larry O'Keefe

Robert Purvis Rasmuson Foundation **Bob and Chris Urata** Beth and Gregory Weldon

#### Innovation Circle

(\$100 to \$499)

Best Western Landing Hotel **Rhonda Biles** Amanda Blackgoat and Kwame Diehl Jovanne Bloom Sara Boesser and Juanita Reese Ralph Borders Sarah Bosma Harriet Botelho Patti and Stephen Bower Ron and Cathy Bressette Kate Burkhart James and Terry Calvin Marianna Carpeneti Inspiring Personal Independence

Hecla Charitable Foundation

# do not have the words to express my gratitude.

- Maci, Ketchikan

Walt and Beth Chapman Ian Clark Al and Jeffra Clough Miki Cole Chuck and Donna Collins **Craig Farrington** Filipino Community, Inc. Sharon Fisher Peter Froehlich and Elsa Demeska

"We were in a dark place, not knowing where to get help. A friend sent us to SAIL and we were accepted with open arms. We had total relief knowing we would not be homeless and we could stay in a place we called home." - Kathy, Ketchikan

Bret Connell and Jorden Nigro Jeannette Cook **Kevin Crowley** JoAnn and Steven Cunningham Nancy Yaw Davis Ellen Doig John and Alison Dunlap Murray Eden

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Danielle Lindoff Logan General Tax Practice Rosary Lombardo and Matt Knutson

Continued on next page...

# This is a wonderful service you provide. I hope you can f

...continued from previous page. **Nancy Longand** Jim and Suzi Lowell



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"From the bottom of my heart, I want to thank you for the loan of the bathtub chair. It was a relief to find out about your services." - Julie, Juneau

Michelle Umbs Eileen Wagner **Christy Wallace** William Ward Patricia Ann Ware Kristin and Frank White Fred and Sally Wiley Suzanne and Joe Williams **Wesley Williams** Gordon Williams James Wilson and Patricia Wilson Kate Wolfe and Charlie Ford Sherri von Wolfe and Travis Miller

Robert Weinstein

## Collaboration Circle

(up to \$99)

**Donald Adam** Alaska Community Foundation Carlos and Darlene Allen **AmazonSmile** Julie and Noble Anderson Rebecca Antonoplos Mary and Linn Asper

# ind use for this small token of my appreciation.

- Kris, Juneau



Natalie and Mario Benassi Hannah Berry Max Blust Deborah Boettcher Catherine Botelho and John Clark Lvnne Brandon Matthew J. Brown Patricia Brown Cora Brunette Sean Bryant David Budbill

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# Thank you for the incredible, dedicated, amazing work you do!

(Note from an Anonymous SAIL Donor)

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Thank you!

# **Scenes from around Southeast**

Thanks to a collaboration between SAIL, Doris' church, Haines Senior Village and local volunteers, Doris can now safely access her home on her own. "Now I can walk down my sidewalk without holding on to anyone. It gives me a little more independence and I like that."

- Doris, Haines









The snow was back! The ORCA program and Eaglecrest hosted a full winter of adaptive and inclusive skiing for all ages and abilities, including consumers from Sitka and Ketchikan!

"Bruce & I cannot thank SAIL enough for this beautiful bike! It is so humbling. It's beautiful. Bruce rode it down the sidewalk with the light on and told me it's a five star!" - Christie, Bruce's wife, Wrangell



for Seniors and People with Disabilities







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#### SOUTHEAST ALASKA INDEPENDENT LIVING

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